




PMEX UPDATE


BUY	
	CRUDE10-OC25
64.37	-0.36%
Expiry	19/Sep/25
Remaining	21 Days
Entry	64.45 - 64.47
Stoploss	63.98
Take Profit	64.65 - 64.7


BUY	
	NGAS1K-OC25
2.9730	0.99%
Expiry	25/Sep/25
Remaining	27 Days
Entry	2.923 - 2.933
Stoploss	2.87
Take Profit	2.964 - 2.983

SELL	
	GO10Z-DE25
3,466.57	-0.22%
Expiry	25/Nov/25
Remaining	88 Days
Entry	3465 - 3464
Stoploss	3472.08
Take Profit	3458 - 3453


BUY	
	SL10-DE25
39.41	-0.47%
Expiry	25/Nov/25
Remaining	88 Days
Entry	39.412 - 39.447
Stoploss	39.29
Take Profit	39.627 - 39.743


BUY	
	PLATINUM5-OC25
1,346.75	-1.10%
Expiry	26/Sep/25
Remaining	28 Days
Entry	1354 - 1355
Stoploss	1346.64
Take Profit	1361 - 1366


BUY	
	COPPER-DE25
4.5817	0.94%
Expiry	25/Nov/25
Remaining	88 Days
Entry	4.5876 - 4.5905
Stoploss	4.55
Take Profit	4.6069 - 4.6187


SELL	
	ICOTTON-DE25
67.04	-0.39%
Expiry	19/Nov/25
Remaining	82 Days
Entry	67.3 - 67.25
Stoploss	67.49
Take Profit	67.17 - 67.07

SELL	
	DJ-SE24
45,547	-0.35%
Expiry	18/Sep/25
Remaining	20 Days
Entry	45618 - 45600
Stoploss	45762.63
Take Profit	45564 - 45528

SELL	
	SP500-SE24
6,493	-0.38%
Expiry	18/Sep/25
Remaining	20 Days
Entry	6490 - 6489
Stoploss	6512.61
Take Profit	6482 - 6472

BUY	
	NSDQ100-SE24
23,623	-0.61%
Expiry	18/Sep/25
Remaining	20 Days
Entry	23665 - 23673
Stoploss	23558.47
Take Profit	23719 - 23748

SELL	
	GOLDUSDJPY-OC25
147.26	0.27%
Expiry	25/Sep/25
Remaining	27 Days
Entry	147.51 - 147.45
Stoploss	147.85
Take Profit	147.31 - 147.15

SELL	
	GOLDEURUSD-OC25
1.1658	-0.21%
Expiry	25/Sep/25
Remaining	27 Days
Entry	1.1651 - 1.1648
Stoploss	1.167
Take Profit	1.1638 - 1.163

Major Headlines

Oil prices fall on expected weaker demand, but set for weekly gain
Oil prices fell on Friday, but were set for a weekly gain, tugged between uncertainty about Russian supply and expectations of lower demand as the summer driving season in the United States, the world's biggest fuel consumer, nears its close. Brent crude futures for October delivery, which will expire on Friday, fell 57 cents, or 0.8%, to \$68.26 by 1034 GMT, while the more active contract for November slid 43 cents, or 0.6%, to \$67.55. West Texas Intermediate crude futures were down 42 cents, or around 0.7%, at \$64.18. Brent was up 0.6% [see more...](#)

Gold: Increased Investment Activity Signals Potential Upside
Markets at times resemble a train station more than a battlefield — some locomotives idling, some overheating, others quietly switching tracks before the crowd notices. Nvidia (NASDAQ:NVDA), for instance, looks like a sleek engine that has pulled into a siding. The range between \$179 and \$185 is less a cage and more a resting platform, with the 50-day moving average acting like the guardrail keeping it from rolling backward. This isn't exhaustion as much as recalibration; the crew is catching its breath before deciding whether the next run is uphill or downhill. [see more...](#)

U.S. stock futures fall ahead of key PCE inflation data

U.S. stock index futures fell Friday evening, falling back from record levels ahead of key inflation data for more cues on interest rates. At 06:15 ET (10:15 GMT), Dow Jones Futures fell 155 points, or 0.3%, S&P 500 Futures dropped 18 points, or 0.3%, and Nasdaq 100 Futures slipped 108 points, or 0.5%. The major indices enjoyed a winning session on Thursday, with the S&P 500 closing up 0.3% at an all-time high. The NASDAQ Composite added 0.5%, while the Dow Jones [see more...](#)
USD/JPY consolidates around 147.00 as investors await US PCE

The USD/JPY pair trades in a tight range around 147.00 during the European trading session on Friday. The pair wobbles as investors await key United States (US) Personal Consumption Expenditure Price Index (PCE) data for July, which will be published at 12:30 GMT. At the time of writing, the US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, ticks up to near 98.00. The Bureau of Economic Analysis (BEA) is expected to show that the core PCE inflation, which is the Federal Reserve's (Fed) preferred inflation gauge, rose at an annualized pace of 2.9%, faster than 2.8% [see more...](#)

EUR/USD remains subdued near 1.1650 following German Retail Sales data. German preliminary Consumer Price Index (CPI) data will be eyed later in the day. The Federal Statistics Office of Germany, Destatis, published the Retail Sales report on Friday, indicating a rise of 1.9% year-over-year in July, following a 4.9% jump reported in June. The market forecast was for a 2.6% increase. Retail Sales dropped 1.5% [see more...](#)
US core PCE inflation seen accelerating in July as markets

The core PCE Price Index, which excludes volatile food and energy prices, is expected to advance 0.3% month-over-month (MoM) in July, at the same pace as seen in June. Over the last twelve months, the core PCE inflation is set to tick up to 2.9% from 2.8% in June. Meanwhile, the headline annual PCE inflation is seen holding steady at 2.6% in this period. Markets usually brace for a big reaction to the PCE inflation data as Fed officials consider this inflation gauge when deciding on the next policy move. While speaking at the annual Jackson Hole Economic [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Core PCE Price Index (YoY) (Jul)	29-Aug-25	5:30 PM	USD	High volatility		2.90%	2.80%
Core PCE Price Index (MoM) (Jul)	29-Aug-25	5:30 PM	USD	High volatility		0.30%	0.30%
Chicago PMI (Aug)	29-Aug-25	6:45 PM	USD	High volatility		46.6	47.1

FOREX MARKETS' STATISTICS

Forex Market Hours

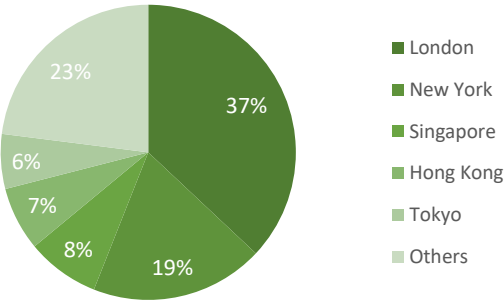


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

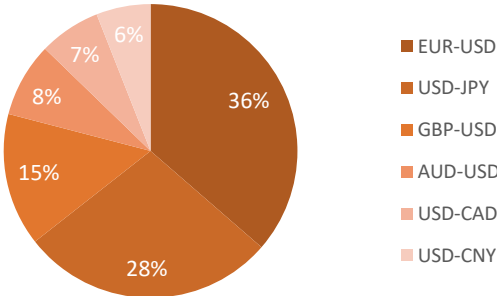
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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