

PMEX UPDATE

BUY	
	CRUDE10-AP25
66.88	1.29%
Expiry	19/Mar/25
Remaining	8 Days
Entry	66.65 - 66.7
Stoploss	66.15
Take Profit	67.17 - 67.42

BUY	
	NGAS1K-AP25
4.5440	1.18%
Expiry	26/Mar/25
Remaining	15 Days
Entry	4.485 - 4.51
Stoploss	4.43
Take Profit	4.612 - 4.649

BUY	
	GO10Z-AP25
2,918.41	0.66%
Expiry	27/Mar/25
Remaining	16 Days
Entry	2909 - 2910
Stoploss	2899.24
Take Profit	2916 - 2921

BUY	
	SL10-MY25
32.98	1.38%
Expiry	28/Apr/25
Remaining	48 Days
Entry	32.674 - 32.742
Stoploss	32.48
Take Profit	32.877 - 32.95

BUY	
	PLATINUM5-AP25
980.35	1.40%
Expiry	27/Mar/25
Remaining	16 Days
Entry	978 - 979
Stoploss	972.70
Take Profit	984 - 986

BUY	
	COPPER-MY25
4.7662	2.14%
Expiry	28/Apr/25
Remaining	48 Days
Entry	4.7364 - 4.7422
Stoploss	4.71
Take Profit	4.7822 - 4.785

BUY	
	ICOTTON-MY25
66.35	0.53%
Expiry	22/Apr/25
Remaining	42 Days
Entry	65.97 - 66.05
Stoploss	65.78
Take Profit	66.47 - 66.6

SELL	
	DJ-MA24
42,064	0.28%
Expiry	20/Mar/25
Remaining	9 Days
Entry	41863 - 41815
Stoploss	41996.63
Take Profit	41622 - 41525

SELL	
	SP500-MA24
5,640	0.34%
Expiry	20/Mar/25
Remaining	9 Days
Entry	5605 - 5601
Stoploss	5623.38
Take Profit	5561 - 5549

SELL	
	NSDQ100-MA24
19,532	0.41%
Expiry	20/Mar/25
Remaining	9 Days
Entry	19820 - 19754
Stoploss	19903.08
Take Profit	19585 - 19387

BUY	
	GOLDUSDJPY-AP25
147.69	0.29%
Expiry	27/Mar/25
Remaining	16 Days
Entry	147.41 - 147.48
Stoploss	147.08
Take Profit	147.87 - 147.98

BUY	
	GOLDEURUSD-AP25
1.0896	0.56%
Expiry	27/Mar/25
Remaining	16 Days
Entry	1.0873 - 1.0882
Stoploss	1.09
Take Profit	1.0921 - 1.0935

Major Headlines

Oil prices edge up, tariff concerns, slowdown fears US stock futures fall after Wall St plunge; recession EUR/USD refreshes four-month high as US Dollar slumps

Oil prices pared earlier losses to rise up during trade on Tuesday, helped by weakness in U.S. dollar, although gains were capped as concerns mounted over a potential U.S. recession and the impact of tariffs on global economic growth. Investors are also closely monitoring OPEC+ plans as the producer group is set to bring its initial barrels to the market starting in April, awaiting further clarity [see more...](#)

U.S. stock index futures fell Monday evening after steep declines on Wall Street, as investors weighed recession risks stemming from President Donald Trump's tariff policies. S&P 500 Futures fell 0.5% to 5,595.0 points, while Nasdaq 100 Futures dropped 0.8% to 19,306.0 points by 20:02 ET (00:02 GMT). Dow Jones Futures were largely unchanged at 41,965.0 points. A Reuters poll showed that economic risks [see more...](#)

EUR/USD posts a fresh four-month high above 1.0900 in European trading hours on Tuesday. The major currency pair strengthens as the US Dollar (USD) underperforms its peers amid escalating fears of an economic slowdown in the United States (US). The US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, refreshes the four-month low near 103.30. Investors have dumped [see more...](#)

Gold prices rise as weaker dollar, recession fears boost safe

USD/JPY: Upside risk to wages supports the increasing trend

Forex Today: Recession fears continue to dominate markets

Gold prices rose in Asian trading on Tuesday as the dollar weakened, lingering near a four-month low amid mounting U.S. recession fears driven by President Donald Trump's trade policies. Investors were cautiously awaiting the U.S. consumer price index (CPI) data scheduled for release on Wednesday. This data could influence the Federal Reserve's upcoming monetary policy decision [see more...](#)

USD/JPY is drifting lower on broad USD weakness, Japan's final Q4 real GDP print was revised 0.1pts lower to 0.6% q/q on weaker private demand activity. Private demand fell -0.3% q/q in Q4 compared to a preliminary estimate of -0.1%. The sharper decline was driven by residential investment which dropped -0.2% q/q from an initial read of 0.1%. Household consumption was flat from an initial estimate of 0.1% [see more...](#)

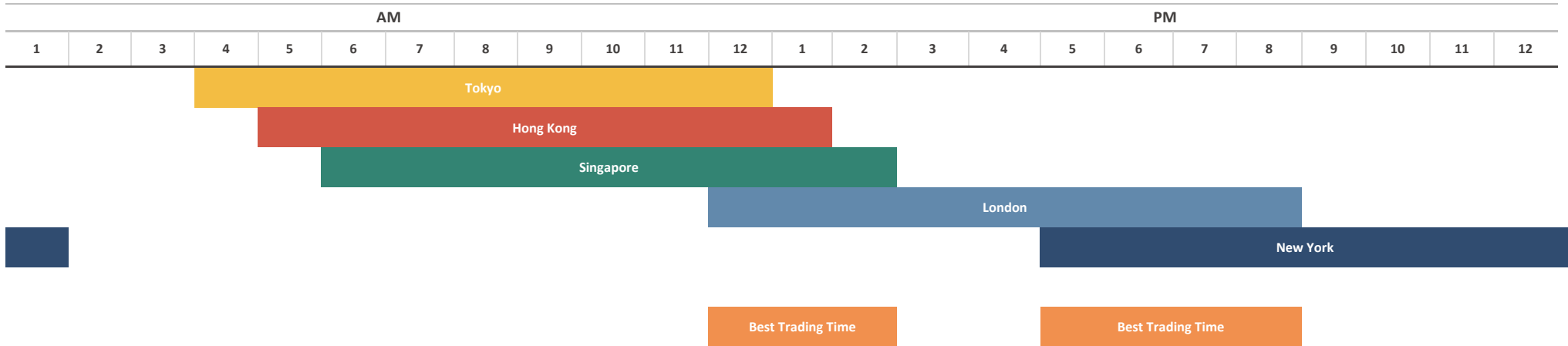
Growing fears over an economic downturn in the US and its potential activity on the global economic outlook triggered a selloff in major equity indexes at the start of the week. On Tuesday, the US economic calendar will feature NFIB Business Optimism Index for February and JOLTS Job Openings data for January. Meanwhile, investors will keep a close eye on political headlines and the action in stock markets. [see more...](#)

Economic Calendar

Event	Dates	Time	Currency	Importance	Actual	Forecast	Previous
JOLTS Job Openings (Jan)	11-Mar-25	7:00 PM	USD	High volatility		7.710M	7.600M

FOREX MARKETS' STATISTICS

Forex Market Hours

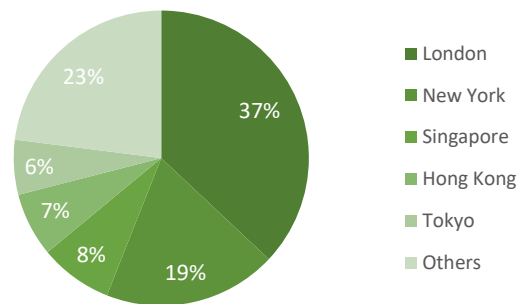


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

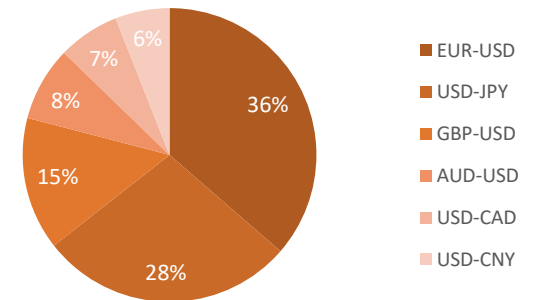
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 278.75
- JPY/PKR: 1.77

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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