




PMEX UPDATE


BUY	
	CRUDE10-AU25
66.96	0.69%
Expiry	21/Jul/25
Remaining	14 Days
Entry	66.61 - 66.69
Stoploss	66.14
Take Profit	67.15 - 67.41


SELL	
	NGAS1K-AU25
3.3200	-1.98%
Expiry	28/Jul/25
Remaining	21 Days
Entry	3.366 - 3.355
Stoploss	3.42
Take Profit	3.326 - 3.292


SELL	
	GO10Z-AU25
3,313.62	-0.98%
Expiry	29/Jul/25
Remaining	22 Days
Entry	3316 - 3314
Stoploss	3331.06
Take Profit	3301 - 3295


SELL	
	SL10-SE25
36.43	-1.89%
Expiry	27/Aug/25
Remaining	51 Days
Entry	36.597 - 36.539
Stoploss	36.82
Take Profit	36.371 - 36.295


SELL	
	PLATINUM5-OC25
1,370.85	-2.58%
Expiry	26/Sep/25
Remaining	81 Days
Entry	1380 - 1377
Stoploss	1387.31
Take Profit	1365 - 1360


SELL	
	COPPER-SE25
5.0285	-0.67%
Expiry	27/Aug/25
Remaining	51 Days
Entry	5.0322 - 5.0271
Stoploss	5.07
Take Profit	5.0088 - 4.9906


SELL	
	ICOTTON-DE25
67.72	-1.33%
Expiry	19/Nov/25
Remaining	135 Days
Entry	67.81 - 67.84
Stoploss	67.99
Take Profit	67.38 - 67.13

BUY	
	DJ-SE24
45,101	0.01%
Expiry	18/Sep/25
Remaining	73 Days
Entry	45017 - 45037
Stoploss	44873.37
Take Profit	45173 - 45236

BUY	
	SP500-SE24
6,310	-0.23%
Expiry	18/Sep/25
Remaining	73 Days
Entry	6306 - 6308
Stoploss	6283.54
Take Profit	6324 - 6331

BUY	
	NSDQ100-SE24
22,980	-0.36%
Expiry	18/Sep/25
Remaining	73 Days
Entry	22962 - 22975
Stoploss	22856.20
Take Profit	23049 - 23084

BUY	
	GOLDUSDJPY-AU25
145.55	0.68%
Expiry	29/Jul/25
Remaining	22 Days
Entry	145.49 - 145.52
Stoploss	145.16
Take Profit	145.74 - 145.88

SELL	
	GOLDEURUSD-AU25
1.1727	-0.44%
Expiry	29/Jul/25
Remaining	22 Days
Entry	1.1741 - 1.1736
Stoploss	1.176
Take Profit	1.1718 - 1.1708

Major Headlines

Oil shrugs off OPEC+'s bigger hike as tight market
Oil on Monday shrugged off the impact of OPEC+ hiking output more than expected for August as well as concern about the potential impact of U.S. tariffs, with prices reversing early losses as a tight physical market lent support. The Organization of the Petroleum Exporting Countries and their allies, a group known as OPEC+, agreed on Saturday to raise production by 548,000 barrels per day in August, more than the 411,000 bpd hikes they made for the earlier three months. [see more...](#)

Gold Prices Under Pressure as Tariff Talks Offset Geopolitical
Gold (XAU/USD) rose slightly on Friday as markets adjusted amid evolving trade headlines. However, it pulled back during the day as traders monitored negotiations with key U.S. trade partners, many aiming to finalise deals or secure more time ahead of approaching deadlines. U.S. Treasury Secretary Scott Bessent signalled that talks could extend beyond 9 July by as much as three weeks. Progress on multiple trade deals and the possibility of extended tariff deadlines reduced gold's safe [see more...](#)

U.S. stock futures fall on uncertainty over Trump tariffs

U.S. stock index futures fell Monday amid growing uncertainty over President Donald Trump's plans for trade tariffs. At 05:15 ET (09:15 GMT), Dow Jones Futures fell 115 points, or 0.3%, S&P 500 Futures dropped 32 points, or 0.5%, and Nasdaq 100 Futures slipped 145 points, or 0.6%. The main averages were closed on Friday for the Independence Day holiday, and a period of profit-taking looks likely after the S&P 500 and the Nasdaq hit record highs on Thursday. [see more...](#)

USD/JPY Weakens as Japanese Data Sends Mixed Signal
The USD/JPY pair edged higher on Monday, reaching 144.81, as the yen relinquished its earlier gains. The currency faced downward pressure following the release of disappointing wage figures, which dampened expectations for further monetary policy tightening by the Bank of Japan. Japan's nominal wages rose by just 1.0% year-on-year in May, falling well short of the 2.4% forecast and marking a third consecutive monthly slowdown. Meanwhile, real wages, which reflect [see more...](#)

EUR/USD dives further with US tariffs gripping markets

The EUR/USD pair is accelerating its reversal on Monday, as the US Dollar appreciates, in tandem with US Treasury yields. Growing uncertainty about the outlook of global trade, as the initial July 9 deadline approaches, has restored the traditional safe-asset status to the US Dollar, at least for now. The Euro (EUR) has returned to the lower range of the 1.1700s, at the early European trading session, and is moving right below 1.1720 at the time of writing. [see more...](#)

US Dollar Index (DXY) climbs to levels nearing 97.00
The US Dollar is one of the best performers among major currencies on Monday. Investors' risk-averse sentiment amid growing concerns about global trade, as the US is likely to announce tariffs on imports today. The US Dollar Index (DXY), which measures the value of the Greenback against a basket of the most traded currencies, has climbed to the upper range of the 96.00s, putting some distance from last week's long-term lows, right below 96.00 and approaching a key resistance [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
No event scheduled for today							

FOREX MARKETS' STATISTICS

Forex Market Hours

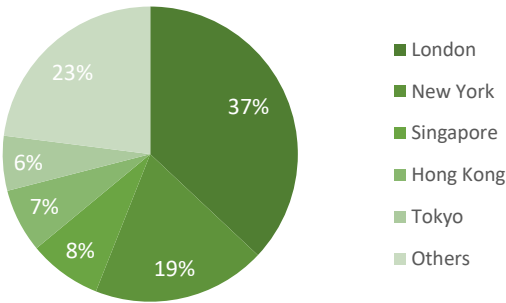


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

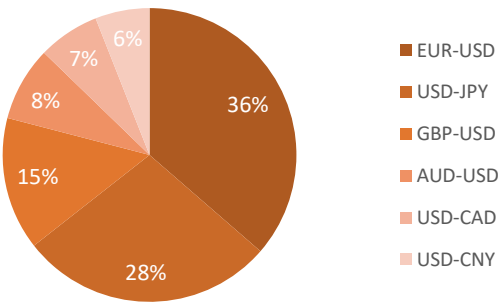
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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